

## WHAT HAPPENS AT THE RAME CENTRE

3 West St, Millbrook

Phone 01752 823909 e-mail [rame.centre@thepeninsulatrust.org.uk](mailto:rame.centre@thepeninsulatrust.org.uk)

### Computer Centre

Laptops, printers, laminator etc for public use, provided by Millbrook parish council. Available to the public in normal opening hours, except for training days.

### Rame Information Centre

Help with benefits, housing, debt, employment etc. Tuesdays 10.000 - 12.00. Completely confidential.

### Support for Community groups

We offer meeting and activity space (for coffee mornings, stalls, consultations etc). FREE use of our shop window for group displays. Publicity board for notices, help with volunteering, equipment use.

### Adult Education classes

Wide range of Cornwall Adult Education courses, at the Centre, from business skills to photography and crafts. FREE Maths and English courses. Pop in for details.

### We need help!

All our activities are run by local community volunteers. As we get more help, we can open more hours and run more activities. Come and join the fun! No regular commitment needed, you choose the days you can work.

### Peninsula Business Directory

We are creating a directory of local firms, based here on the Peninsula. FREE entry for all services (building work, book-keeping, dog-grooming). Pop in or send us your details.

### Work units

6 low-cost workshops to be built in our rear yard area. Admin support if needed, high-speed broadband. Units will be ready in a few months - if you are interested, come in and get details.

### Opening Hours

Tues, Weds, Thurs, Sat,  
10.00 - 12.00 noon

Thurs evenings, 5 - 7pm

### The Art Wall

Display and sale of work by local people: paintings, books, cards and more. Maximum price £50, most much lower.

### Kernow Credit Union

An alternative to banks and high-interest loan providers, to provide low-interest loans and encourage saving. Simple savings accounts, also good for children's savings. Tuesdays 12.00- 2.00 pm, 1<sup>st</sup> Sat of the month 10.00 - 12.00

### Computer Training

FREE drop-in sessions, provided by Cornwall Adult Education Service. Your questions answered, come in and get the help you need!  
Wednesdays 09.30 - 12.30.

### Food Bank

We take donations and provide information.

***The Trust is owned by over 400 local members - please come and join us!***